# **Holy Hour For Life**

# **Exposition of the Most Blessed Sacrament**

## **Daily Prayer for Life**

Heavenly Father, as the author of life, touch with compassion the Hearts of those women and men who with your help, have conceived human life and now think of abortion, not parenthood. Help them to understand that their newly created child and all children are made in Your image and likeness, made for eternal life.

Dispel their fears and helplessness and give them true and generous hearts to love their babies and give them birth and all the needed care that a parent alone can give. And when your children turn away from you through abortion, penetrate their hearts to seek your loving forgiveness and healing power.

Finally Lord, soften the hearts of the abortionists, and enlighten all elected officials, to accept Your loving grace and to recognize and protect the inviolability and sanctity of all human life from conception to natural death. Amen.

- Holy Rosary of Reparation
  - Silent Personal Prayer
    - Scripture Reading
  - General Intercessions

**Priest/Deacon:** Our God protects the innocent and lifts up those who have gone down into death. At this time we offer our humble prayers on behalf of all pre-born children, our elderly and terminally ill, and our handicapped newborns. May the Lord of Life, who alone has power over life and death, listen to our simple petitions and answer our prayers.

**Lector:** That God's people, the church, may patiently proclaim the value of all human life, let us pray to the Lord.

**Response:** Lord, hear our prayer.

- That God's Spirit may enlighten the minds and open the hearts of those who interpret the laws of the land, let us pray to the Lord.
- That God may save from despair, those who carry new life in their bodies, let us pray to the Lord.
- That handicapped newborns may receive the care and medical treatment they need, let us pray to the Lord.
- That the terminally ill may receive the medical care they require and protection from those who want to hasten their death, let us pray to the Lord.
- That generosity, understanding, and peace may regulate the lives of our fellow citizens, let us pray to the Lord.
- That God may bless the efforts of those who work for the dignity of human life, let us pray to the Lord.
- That those who have died before birth may begin to live in God's kingdom, let us pray to the Lord.

**Priest/Deacon:** God our Father, hear our prayers of intercession for those who have no one to speak for them. Lift the cloud of death that stains our nation and enable us to continue to work to restore respect for all human life, from conception through natural death. Guide our actions and make our activity in defense of life fruitful. We ask this through Christ our Lord. Amen.

#### Act of Family Consecration to the Most Blessed Virgin Mary for Pro-Life Missionaries

O Mary our Mother and Mother of Life, I consecrate myself today in a very special way to your Immaculate Heart.

By this solemn act, I offer my whole life to you: my heart, my soul, my mind, my possessions, my family and all my apostolic efforts to promote, defend and protect human life.

Guide me along the way that Jesus has traced out for us: the way of love, of goodness and of sanctity.

Help me to flee from sin, from evil and from egoism and to resist all temptations to anger, bitterness, self-righteousness, discouragement and despair.

Infuse within me the virtues of courage, perseverance, generosity, wisdom, prudence, fortitude and hope; especially as they pertain to my pro-life mission.

I entrust to you O Mary, my mother, my Christian vocation and pro-life calling. I resolve to renew my spiritual life by going to confession, receiving Holy Communion devoutly, praying the rosary fervently, observing the commandments of God and doing penance. I also resolve to walk along the road of love and purity in perfect fidelity to the Pope, my Bishop and my Priests.

I love you, O sweetest Mother of mine, and I await the triumph of your Immaculate Heart in the world, which will inspire all peoples to hold human life sacred and inviolable from the moment of conception to natural death. Amen.

### **Benediction of the Most Blessed Sacrament**

### Come Adore/Tantum Ergo

Tantem ergo Sacramentum Veneremur cernui: Et antiqum documentum Novo cedat retui: Praestet fides supplementum Sensuum defectui:

Genitori, Genitoque Laus et jubilatio, Salus, honor, virtus quoque Sit et benedictio: Procedenti abutroque Compar sit laudatio.

**Celebrant:** You have given them Bread from Heaven.

**People:** Having all goodness within it.

**Celebrant:** Let us pray

Lord our God, in this great Sacrament we come into the presence of Jesus Christ, Your Son, born of the Virgin Mary and crucified for our salvation. may we who declare our faith in this Fountain of Love and Mercy drink from it the water of everlasting life. We ask this through Christ our Lord. Amen.

#### The Divine Praises

Blessed be God. Blessed be the Holy Spirit, the Paraclete.

Blessed be His holy name.

Blessed be the great mother of God, Mary most holy.
Blessed be Jesus Christ, true God and true man.

Blessed be the great mother of God, Mary most holy.
Blessed be her holy and immaculate conception.

Diessed be rest in the God and true main.

Blessed be the Name of Jesus.

Blessed be her glorious assumption.

Blessed be His Most Sacred Heart.

Blessed be the name of Mary, Virgin and Mother.

Blessed be His Most Precious Blood.

Blessed be St. Joseph, her most chaste spouse.

Blessed be Jesus in the Most Holy Sacrament of the Altar. Blessed be God in His angels and in His saints

May the heart of Jesus in the most Blessed Sacrament be praised, adored and loved with grateful affection at every moment in all the tabernacles of the world even till the end of time. Amen.

#### Holy God, We Praise Thy Name

Holy God, we praise thy name, Lord of all, we bow before thee, All on earth thy scepter claim, All in heaven above adore thee, Infinite thy vast domain, Everlasting is thy reign. Infinite thy vast domain, Everlasting is thy reign.

# This Litany can be used in place of the Consecration prayer.

## LITANY OF JESUS THE LORD

#### LEADER:

**Jesus,** you are the Lord.

**Son of God,** you became our brother.

Long-awaited Messiah, you fulfill our desires.

Image of God, you show us the Father.

**Light of nations,** you shine through the darkness of sin.

Redeemer, you save us from our sins.

Source of merciful forgiveness, you never fail to pardon.

**Prince of Peace,** you give direction and value to our lives.

Focal point of human history, you change the course of our lives.

Master, you are gentle and patient.

Brother to all, you watch over us.

Good Shepherd, you lighten our burdens and guide us.

Wisdom of the Father, you enlighten our clouded minds.

Word of God, you reveal the mysteries of the kingdom.

**Center of Christina Unity,** you call us to be one in love.

Chosen One, you show us how to respond to your call.

**Divine Truth,** you challenge us to live in truth.

**Eternal Justice**, you heal the wounds of injustice.

**Suffering Servant**, you accept God's plan without question.

**Manifestation of God's love,** you give your life for your friends.

**Spotless Victim,** you die for our wrongdoing.

**Risen Lord**, you lead us to hope in God's promise.

Living Water, you refresh our souls.

**Bread of Life,** you are food for our journey.

Fulfillment of God's promise, you lead us to our heavenly home.

**Invitation to faith**, you welcome us into your inheritance.

**Emmanuel**, you are with us forever.

## **CLOSING PRAYER**

#### **Celebrant:** Let us pray.

Loving God, we believe that we shall always obtain whatever we ask in Jesus' name. May we serve you faithfully in this life and share the eternal joy of the vision which He promises to all who follow Him. We pray in the name of the Lord. Amen.

## SUGGESTIONS FOR SCRIPTURE READING

PSALM 127

PSALM 128

PSALM 139

EZEKIEL 33: 1-9

EPHESIANS 4: 1-16

GENESIS 1: 26-31

MATTHEW 18: 10-14

JEREMIAH 1: 4-9

JOHN 10: 7-21

EPHESIANS 3: 14-21

DEUTERONOMY 3: 19,20

LUKE 18: 15-16